

Creek Road Runners

NEWARK, DELAWARE

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CREEK ROAD RUNNERS TEAM FINISHES THIRD IN OPEN CATEGORY AT CHAMPIONSHIPS WITH BEST SCORE EVER!

Mary Holliday Leads Creek Road Runners Team, Steve Tague Posts a Team-Best Time, Dan Simmons Wins 60-and-Over, and Elise Braun Finishes 4th in Age Group

It was another great weather day at the Delaware Open XC Championships at Brandywine Creek State Park on Saturday, November 24, 2007—sunny and cool with little wind. Leading the scoring for the **CRR team** were **Mary Holliday** (making her debut race with CRR - 10 points), **Elise Braun** (11 points), **Steve Tague** (15 points, same as last year - with a bit slower time of 20:42), **Mary Braun** (16 points), and **Dan Simmons** (33 points). The 85-point total was the best ever for a Creek Road Runners team at this event.



CRR Dan Simmons was the top finisher in the 60-and-over age group with a solid 24:03 and received a monetary prize. This is the fourth year out of the past five (and third in a row) in which a Creek Road Runner has won this age group in the men's masters race. **CRR Elise Braun** finished 11th overall in the women's open category and took 4th in the 13-17 age group. Also running for the team was 13-year-old **CRR Sam Parsons**, fresh off a second-place finish at the junior high championship, who turned in the team's second fastest time of the day (21:15). Nice!

Rounding out the 11 entrants were **CRR Tripp Shenton**, **CRR Bob Bennett**, **CRR Rich Braun**, **CRR George Parsons**, and new **CRR Mark Holliday**.



Having successfully crested Maintenance Hill, **Mary Holliday** is well on her way to a top ten finish in the women's masters division in her debut as a CRR. Well done!



Wearing her school's colors (lime and pink?), **Elise Braun** moves well through the middle of the race and takes 11th in the open division.



Showing the strain of another year and another hard effort, **Steve Tague** finishes 16th in the men's masters race with the top CRR time (20:42).



Moving easily through the woods in the first mile, **Mary Braun** betters her 2006 finish by four places, coming in 16th in the women's masters.

Long, lean, and colorful, **Dan Simmons** finishes a very respectable 33rd in his first CRR team event and wins the 60-69 age group.

Ah, youth! **Sam Parsons** looks a bit too fresh after topping the big hill and finished in a speedy 21:15. What's with funky long hat, though?



Tripp Shenton grits his teeth as he tries to recover on the downhill.



Looking just a bit winded but stylin' in all black, **Bob Bennett** notches another XC race under his belt.



Having passed George about a mile and a half back, **Rich Braun** works hard to the finish.



George Parsons, inspired by his daughter (who had just run in the regionals in Alabama), gives it one final umphhhhhh.



New CRR recruit **Mark Holliday** seems to be saying to himself, "Gotta watch my step; this descent is gonna be tricky."



Dan Simmons, preserved a CRR tradition at this race by being the top runner over 60 and getting a nice cash award.



Those left for the team photo at the end of the morning were (l. to r.) **Dan Simmons, Bob Bennett, Rich Braun, George Parsons, Sam Parsons, Mary Braun, Mary Holliday, and Mark Holliday.**

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CREEK ROAD RUNNERS TEAM BIGGEST EVER AT CHAMPIONSHIPS

Kukich Leads Creek Road Runners Team, Tague Posts a Team-Best Time, and Hubbard Wins 60-and-Over

It was a most rare great weather day at the Delaware Open XC Championships at Brandywine Creek State Park on Saturday, November 25, 2006. Leading the scoring for the **CRR team** were **Diane Kukich** (11 points), **Steve Tague** (15 points - having run a fast 20:10), and **Mary Braun** (20 points). **Mark Deshon** (26 points) and **Clark Ridge** (41 points) rounded out the scorers, the 113 total just off the 110 scored last year. See this year's results.



CRR Bruce Hubbard, running in his 900th race, was the top finisher in the 60-and-over age group and received a monetary prize. **CRR Diane Kukich** placed third in the 50-59 group.

CRR Vic Kaliakin, **CRR Bob Opila**, **CRR Tripp Shenton**, **CRR Rich Braun**, and **CRR Bob Bennett** complemented the team's efforts in the men's open. **CRR Jordan Deshon** ran in his first open 5K, a rude awakening for sure. **CRR Julie Brewer** also ran but for another group. Congratulations to all twelve of this year's participants. Thanks to **CRR Doug Ridge** for collecting cards at the finish chute, and to **CRR Jo Anne Deshon** and Doug Baker for the nice photographs.



Climbing up the final hill, **Diane Kukich** is beginning to mentally file away all the reasons why she dislikes this race. She finished 11th—the top team finisher.



Showing the strain of having run a strong race, **Steve Tague** muscles up the hill to a 15th place finish among the more than 100 masters men.



Looking quite like this is just another walk in the park, **Mary Braun** places 20th among the women masters, good for a team third place. Yea, Mary!



Mark Deshon fights off a masters opponent up the final hill for the right to finish in... 26th?



Ah, yes. **Clark Ridge** is not too old to remember his high school days on this course, finishing in a



Vic Kaliakin survives another trip up Maintenance Hill. Say, Vic, why do we do this every year?



Here's **Bob Opila** at a full gallop.



Tripp Shenton is glad it's almost over.



Rich Braun works hard up the hill.



Bruce Hubbard, who finished as the top runner over 60, would like to thank last year's winner **CRR Doug Ridge** for not running this year.



A lover of cross country, **Bob Bennett** looks as smooth and determined as ever on this surface. Not bad for your last race before turning 65.



Having suffered with a side stitch during the race, 13-year-old relative newcomer **Jordan Deshon** musters up one final effort.



Standing tall at Brandywine Creek State Park after a successful morning are (l. to r.) **Tripp Shenton**, **Bob Bennett**, **Clark Ridge**, **Rich Braun**, **Diane Kukich**, **Vic Kaliakin**, **Bruce Hubbard**, **Jordan Deshon**, **Mary Braun**, **Steve Tague**, and **Mark Deshon**. **Bob Opila** not pictured. Nice socks, Diane!



Bruce Hubbard, who finished as the top runner over 60, would like to thank last year's winner **CRR Doug Ridge** for not running this year.

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CREEK ROAD RUNNERS TEAM LOOKS GOOD AT CHAMPIONSHIPS

Women Lead Creek Road Runners Team to Fourth Place Finish, Ridge Wins 60-and-Over, Kukich Places 2nd in 50-59



< **CRR Paul Amer** finishes his first-ever XC event.

As weather conditions improved and the sun came out, the trail mud became more treacherous. However, a team of nine Creek Road Runners braved the 5K course at Brandywine Creek State Park on Saturday, November 26, 2005. Leading the scoring for the **CRR team** were the three women **Diane Kukich** (13 points), **Julie Brewer** (14 points), and **Martha Corrozi** (21 points). **Mark Deshon** (24 points) and **Jerry Kauffman** (38 points) rounded out the scorers, the 110 total placing them fourth overall in the open team category. Martha was a strong entry in the women's open, just two days after having done both the Thanksgiving Day 10K and 5K races in Wilmington.



CRR Doug Ridge, who ran unattached, was the top finisher in the 60-and-over age group. **CRR Diane Kukich** was the women's runner-up in the 50-and-over age group. Each received a monetary prize.

CRR Vic Kaliakin, **CRR Bob Bennett**, **CRR Rich Braun**, and **CRR Paul Amer** complemented the team's efforts. **CRR Bruce Hubbard** also ran (unattached). Congratulations to Paul Amer; this was his first taste of cross-country. Hopefully, the aftertaste of Maintenance Hill won't last until next year! The sun (cutting the chill) and fun (random giveaways) made a welcome end to a morning of Creek Road Runners camaraderie. Thanks to all who came out and made this a memorable event.

Second-generation Creek Road Runners **Jordan Deshon**, son of **CRR Mark Deshon**, and **Sam Amer**, son of **CRR Paul Amer**, also came home with hardware, taking third and fourth, respectively, in the boys' 12-and-under 1.1-mile race. Jordan's time of 7:04 was the fastest he's run on this course.



The intrepid Creek Road Runner women—**CRR Diane Kukich**, **CRR Martha Corrozi**, and **CRR Julie Brewer**—take a moment to show how much fun they're having (just a moment before the gun). **CRR Martha Corrozi** gets out to a decent start, as the women head for the woods, with Diane and Julie not far behind. Martha was the Creek Road Runners' lone open-category runner on the day.



As she tops out on Maintenance Hill, **CRR Martha Corrozi** seems to be saying to herself, "So this is what the fun is all about!"



Just a few feet before the summit, **CRR Diane Kukich** closes her eyes, probably wishing the race were over.



Where did this kick come from? **CRR Mark Deshon**, ailing hamstring and all, gives it a good effort on the finishing hill.



Having battled back and forth most of the way, at the finish **CRR Jerry Kauffman** has a funny feeling he's still being closely followed by **CRR Vic Kaliakin**.



Funny how this race seems to make everyone, including **CRR Bob Bennett**, look and feel older than they really are.



Even **CRR Rich Braun**, who turned in a very respectable time, seems to be thinking, "Who got me involved in this?"



Standing tall at Brandywine Creek State Park after a successful morning are **Vic, Jerry, Paul, Julie, Rich, Doug, Mark, Martha, Bob, and Diane**.

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CREEK ROAD RUNNERS TEAM OF TEN COMPETES IN MUD AND WIND

Creek Road Runners Team Finishes Third, Bennett Wins 60-and-Over, Creek Road Kids Shine in Kids' Races

The conditions were the worst in the 20-year history of the race, which has seen some bad conditions over the years. Rain the day before the race had made the trails very muddy, and as soon as the runners left the relative comfort of the woods, what greeted them was a steady 30+ mph wind in their face, not to mention the normal obstacles (e.g., Maintenance Hill). However, ten intrepid Creek Road Runners braved the conditions to complete the 5K course at Brandywine Creek State Park on Saturday, November 29, 2003. Scoring for the **CRR team** were **Steve Tague** (11 points), **Julie Brewer** (11 points), **Bill Farquhar** (13 points), **Laurie Abildso** (14 points), and **Mark Deshon** (18 points), which placed them third in the open team category.



CRR Bob Bennett was the top finisher in the 60-and-over age group. Rounding out the team were **Clark Ridge**, **Jerry Kauffman**, **Vic Kaliakin**, and **Doug Ridge**.

Second-generation Creek Road Runners **Sam Amer**, **Jordan Deshon**, and **Emily Kauffman** each came home with hardware, taking first, second, and ninth places in their respective 12-and-under 1.1-mile kids' races. Thanks to all who came out and made this a memorable event.



About right now **CRR Bill Farquhar** is asking himself why he ran a 16:41 5K just two days earlier. He had an outstanding time, nonetheless, placing 13th in the open.



Ten-year-olds **Sam Amer**, son of **CRR Paul Amer**, and **Jordan Deshon** finished first and second in the boys' 12-and-under race. Sam's winning time was a solid 7:41.

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